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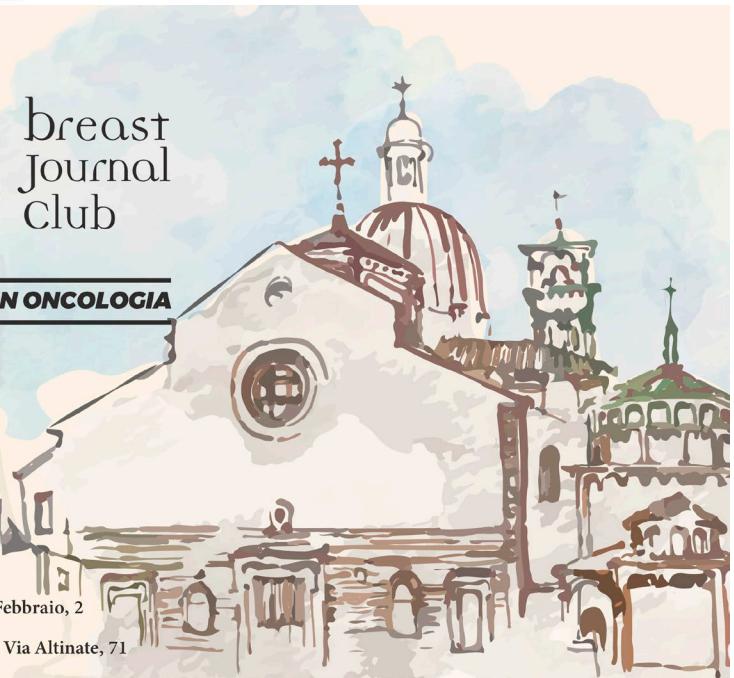
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Club

L'IMPORTANZA DELLA RICERCA IN ONCOLOGIA

04-05 Aprile  
2024  
Padova

PALAZZO BO - Aula Nievo - Via VIII Febbraio, 2

CENTRO ALTINATE - Auditorium - Via Altinate, 71



# Approccio critico all'evidenza scientifica

Massimo Di Maio

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Presidente eletto AIOM



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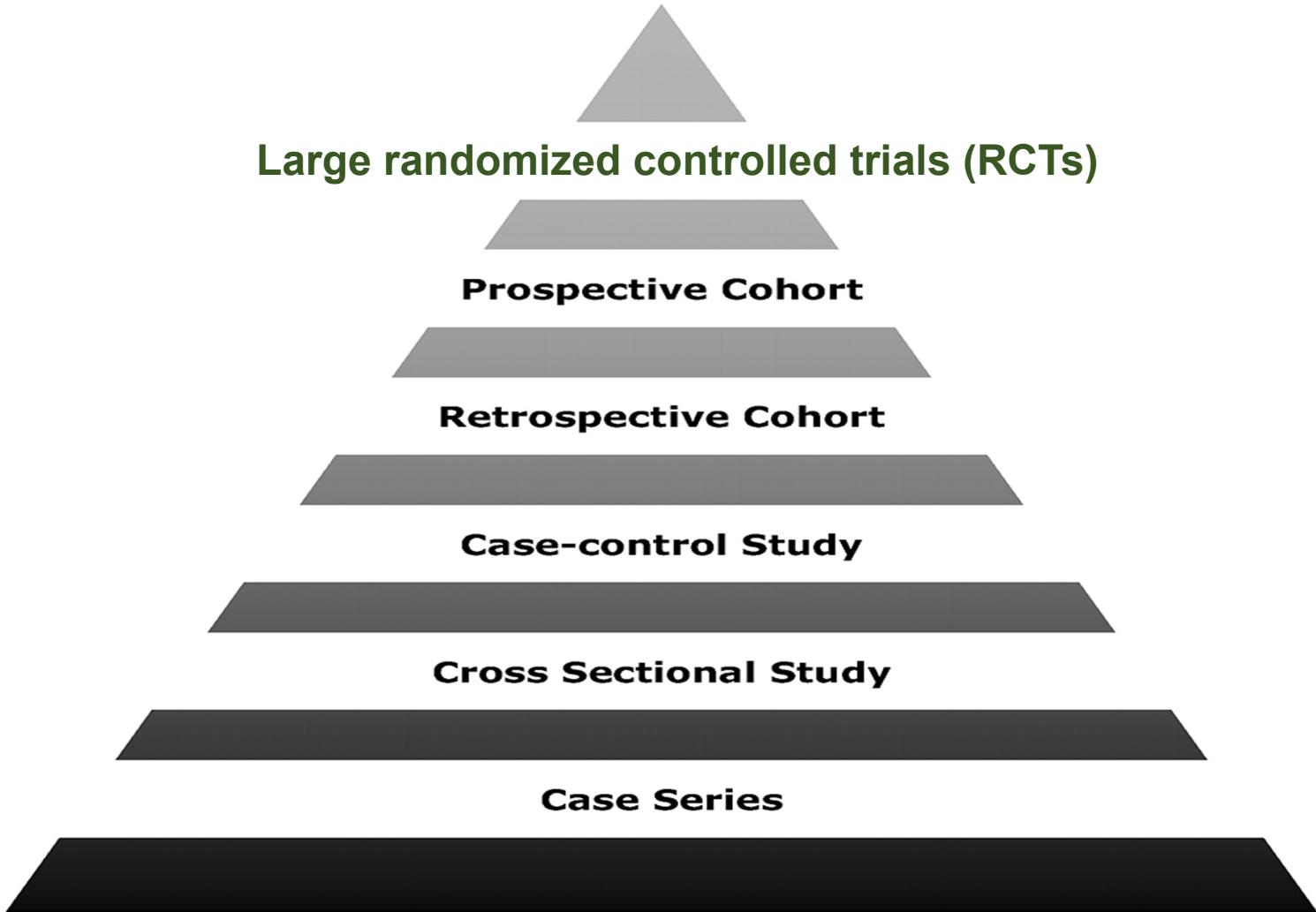
# Disclosure as of April 4, 2024

In the last 3 years I received:

- **Personal** honoraria for acting as consultant or participating to advisory boards:
  - Merck Sharp & Dohme, AstraZeneca, Takeda, Eisai, Janssen, Pfizer, Roche, Novartis, Merck, Amgen, GlaxoSmithKline
- **Institutional** research grant:
  - Tesaro - GlaxoSmithKline



# La piramide dell'evidenza



## Panel 1: Problems that might limit interpretation of randomised controlled trials

Some randomised controlled trials might:

- Ask questions of commercial rather than clinical interest
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- Be analysed and reported prematurely
- Underestimate the toxicity of new treatments
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# Statistical significance vs clinical relevance: size of effect!

If a new treatment is to be introduced into clinical practice, **it should not be enough to show that it is ‘better’ than the standard therapy, regardless of the size of its effect.**

Instead, **it should be necessary to demonstrate that the effect is clinically worthwhile**, meaning as large as or larger than a specified threshold representing the minimal clinically worthwhile effect.



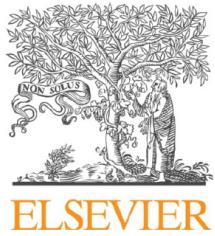
# Validity of results

Internal validity  
Is the research conducted  
correctly?



# L'adeguatezza del braccio di controllo

European Journal of Cancer 189 (2023) 112920



Available online at [www.sciencedirect.com](http://www.sciencedirect.com)

ScienceDirect

journal homepage: [www.ejcancer.com](http://www.ejcancer.com)



Original research

Analysis of the adequacy of control arms in oncology randomised clinical trials published between 2017 and 2021: a meta-research study



Alessandro Rossi <sup>a</sup>, Giacomo Aimar <sup>b,c</sup>, Marco Audisio <sup>d</sup>,  
Maristella Bungaro <sup>e</sup>, Andrea Caglio <sup>f</sup>, Raimondo Di Liello <sup>g</sup>,  
Teresa Gamba <sup>f</sup>, Piera Gargiulo <sup>h</sup>, Eleonora Ghisoni <sup>i</sup>,  
Pasquale Lombardi <sup>j</sup>, Laura Marandino <sup>k</sup>, Annapaola Mariniello <sup>l,m</sup>,  
Chiara Paratore <sup>d</sup>, Maria Lucia Reale <sup>n</sup>, Federica Trastu <sup>f</sup>,  
Valentina Tuninetti <sup>f</sup>, Fabio Turco <sup>m,o</sup>, Alessandra Fabi <sup>a</sup>,  
Francesco Perrone <sup>h</sup>, Massimo Di Maio <sup>p,\*,l,2</sup>



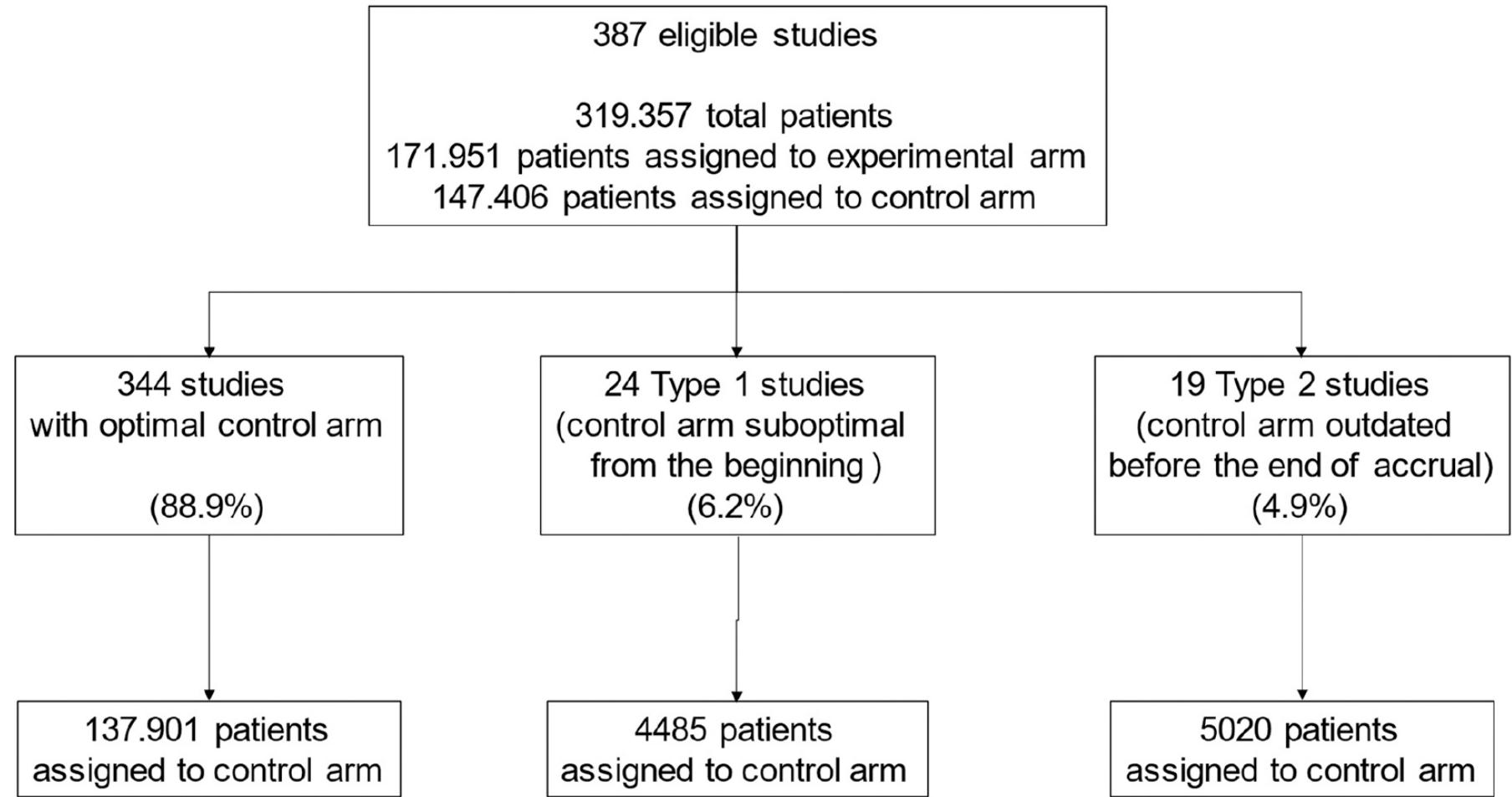
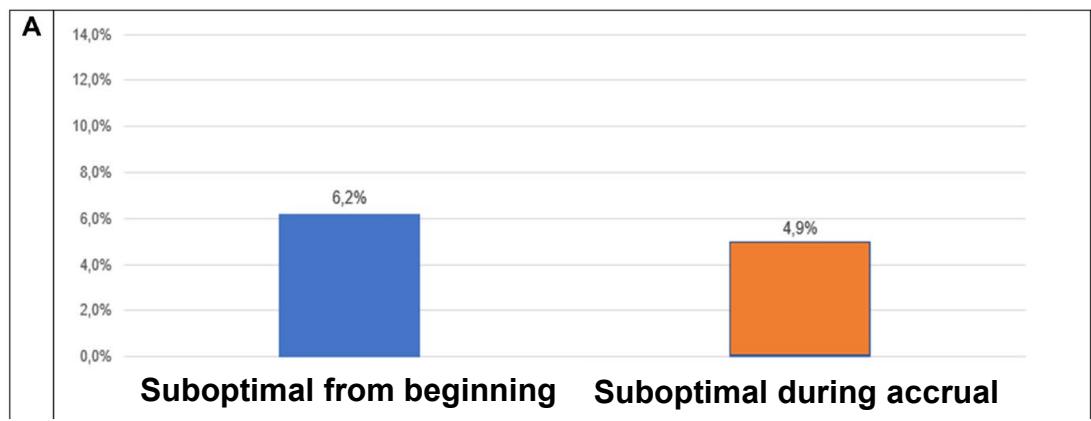
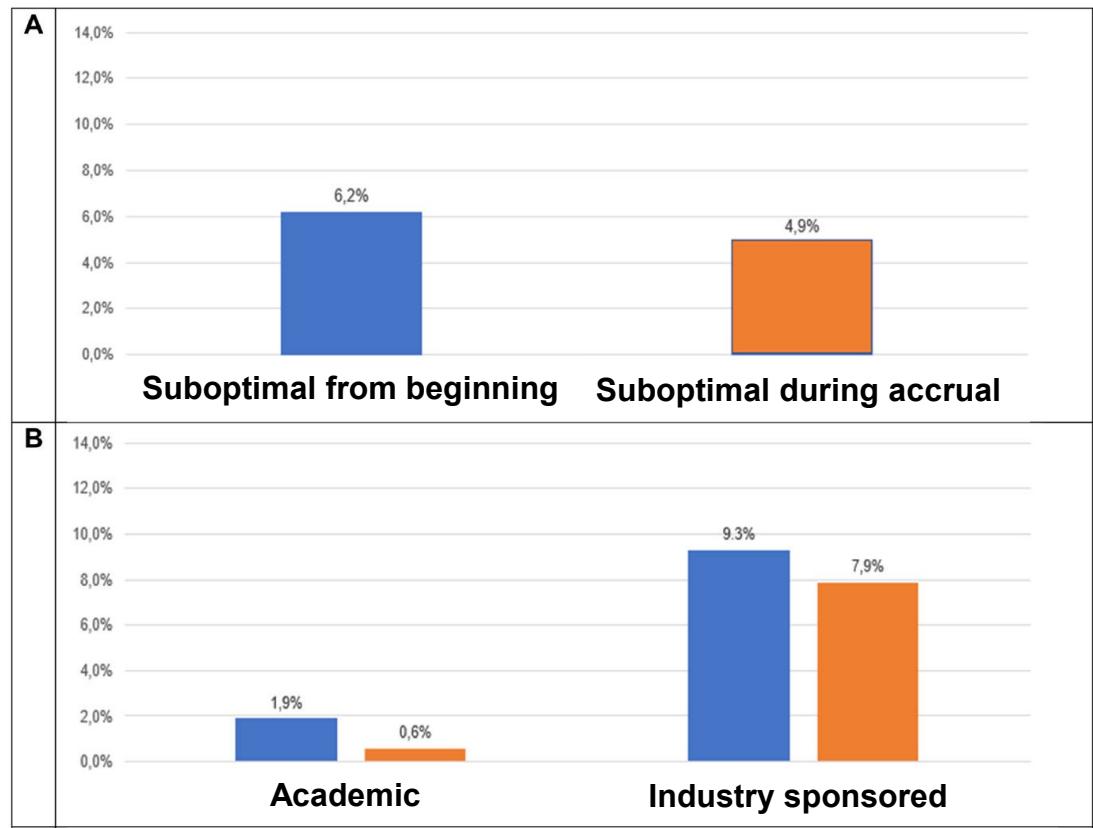
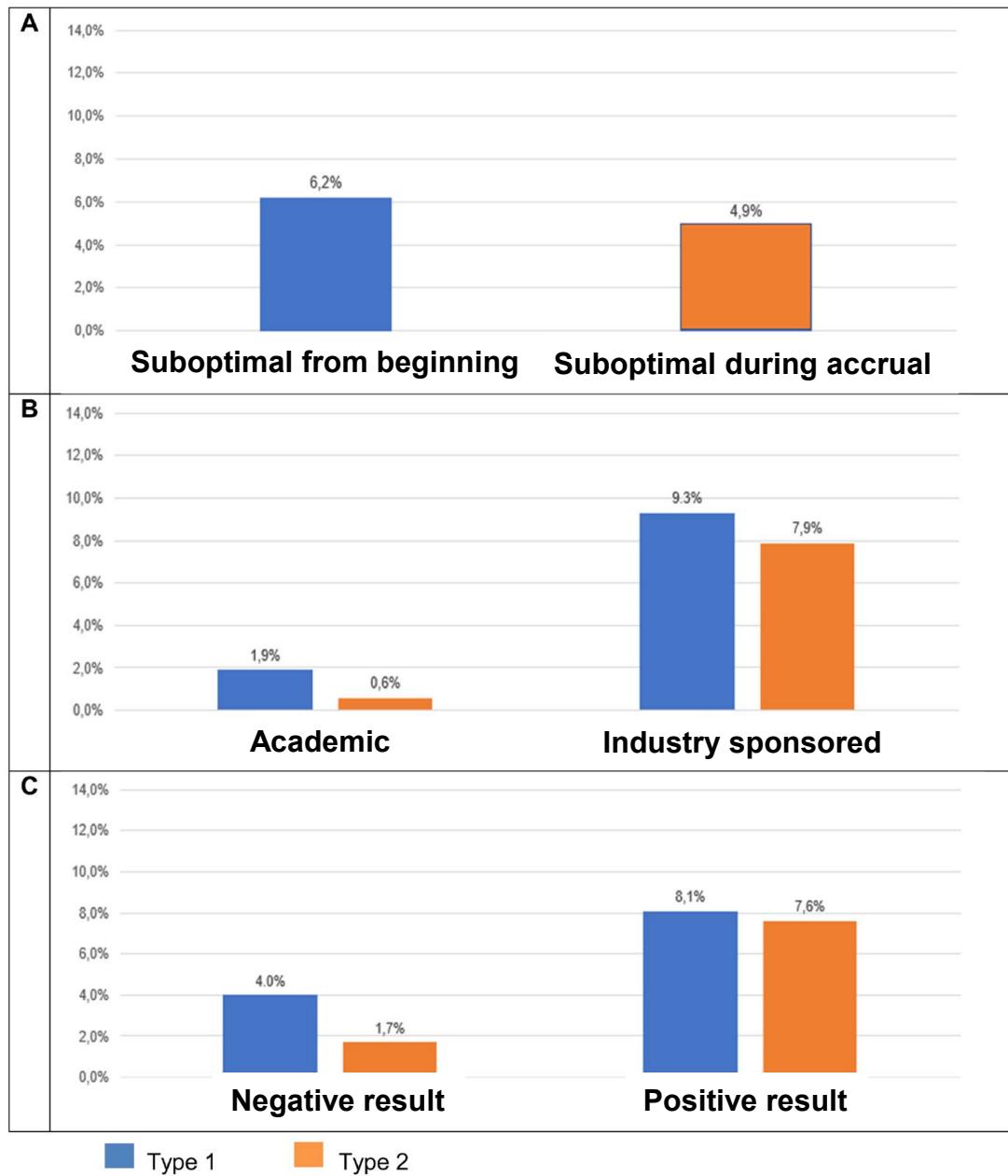


Fig. 2. Number of studies and number of patients assigned to control arm for each subgroup (studies with optimal control arm, studies with control arm suboptimal from the beginning, studies with control arm outdated before the end of the accrual).









# Il braccio di controllo: un esempio

## OlympiAD: Study Design

- Randomized, open-label phase III study

*Stratified by HR status (ER+ and/or PgR+ vs TNBC), prior CT for metastases (yes vs no), prior platinum tx (yes vs no)*

Pts with HER2-negative MBC with deleterious or suspected deleterious *gBRCA* mutation; previous anthracycline and taxane, ≤ 2 previous lines of CT\* for metastatic disease; if HR+, not suitable for ET or progressed on ≥ 1 ET  
(N = 302)

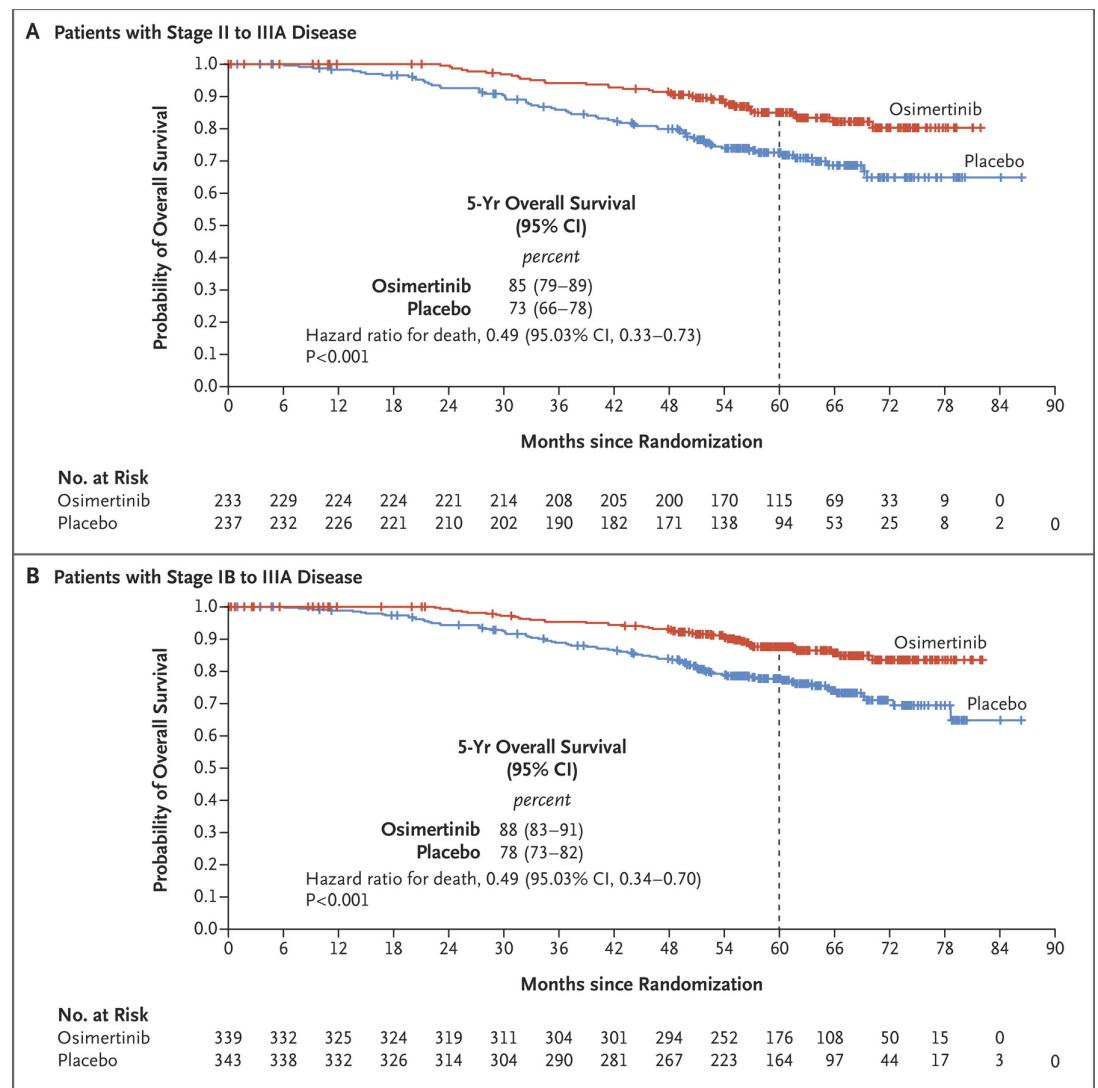


\*If platinum-based therapy, pt could not have experienced progression on tx in advanced setting or ≥ 12 mos since (neo)adjuvant tx.

†Physician's choice of: capecitabine 2500 mg/m<sup>2</sup> PO Days 1-14; vinorelbine 30 mg/m<sup>2</sup> IV Days 1, 8; or eribulin 1.4 mg/m<sup>2</sup> IV Days 1, 8.

- Primary endpoint: PFS per RECIST 1.1 (BICR)
- Secondary endpoints: time to second progression/death, OS, ORR, safety, tolerability, global HRQoL





Tsuboi M, et al; ADAURA Investigators. Overall Survival with Osimertinib in Resected EGFR-Mutated NSCLC.  
N Engl J Med. 2023 Jul 13;389(2):137-147.



Table S4. Summary of Subsequent Anticancer Treatments\* Received in the Overall Population

	Osimertinib	Placebo
	number of patients (percent)	
<b>All patients</b>	<b>N = 339</b>	<b>N = 343</b>
Patients who received subsequent anticancer treatment*	n = 76 (22)	n = 184 (54)
EGFR-TKIs†	58 (76)	162 (88)
Osimertinib	31 (41)	79 (43)
Other EGFR-TKI	12 (17)	55 (30)
Afatinib	7 (9)	30 (16)
Erlotinib	6 (8)	24 (13)
Icotinib	2 (3)	15 (8)
Aumolertinib Mesilate	1 (1)	1 (1)
Aumolertinib	0	1 (1)
Dacomitinib	0	1 (1)
Other EGFR-TKI	0	1 (1)
Epitinib	0	1 (1)
Furmonertinib	0	1 (1)
Chemotherapy		
Platinum compounds†	20 (26)	43 (23)

Tsuboi M, et al; ADAURA Investigators. Overall Survival with Osimertinib in Resected *EGFR*-Mutated NSCLC.  
*N Engl J Med.* 2023 Jul 13;389(2):137-147.



Subsequent use of anticancer treatment in all the patients was 22% in the osimertinib group and 54% in the placebo group. The most common subsequent treatment in both groups was EGFR-TKIs (>75% of those who received subsequent treatment), most frequently osimertinib. A protocol amendment that allowed eligible patients to receive open-label osimertinib at recurrence was implemented after the primary analysis. The timing of this amendment, together with local practice, may have affected the frequency of osimertinib use as subsequent treatment. Data regarding the effect of subsequent osimertinib treatment on overall survival in the ADAURA

trial are not available. Therefore, we cannot determine how subsequent osimertinib treatment in the post-recurrence context might have contributed to overall survival in the placebo group, although it is possible that this could have reduced the difference in overall survival seen between the osimertinib and placebo groups.

Tsuboi M, et al; ADAURA Investigators. Overall Survival with Osimertinib in Resected *EGFR*-Mutated NSCLC.  
N Engl J Med. 2023 Jul 13;389(2):137-147.



# Osimertinib in Resected EGFR-Mutated NSCLC

## TO THE EDITOR

The results of the final analysis of the ADAURA trial, reported by Tsuboi et al. (July 13 issue),<sup>1</sup> show a relevant benefit in overall survival among patients with resected non–small-cell lung cancer (NSCLC) with epidermal growth factor receptor (EGFR) mutation who received adjuvant osimertinib. It is disappointing that less than half of the patients in the control group who had a relapse actually received osimertinib as the first subsequent treatment. The authors explain that this was due to the double-blind design, because the amendment allowing open-label osimertinib was implemented only after the primary analysis. Thus, many patients in the control (placebo) group were deprived of the most effective treatment for relapsed disease. The authors state that the use of osimertinib in some patients in the control group “could have reduced the difference in overall survival seen between the osimertinib and placebo groups.” To be honest, the reasoning should be reversed, and this might have increased the difference in overall survival favoring the experimental group. Adequacy of the control group can be a problem not only when the treatment chosen as the comparator is not the reference standard<sup>2</sup> but also when subsequent lines of therapy are not effective.

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October 5, 2023

N Engl J Med 2023; 389:1341-1342

DOI: 10.1056/NEJMc2309385

Metrics

## Related Articles

### ORIGINAL ARTICLE JUL 13, 2023

Overall Survival with Osimertinib in Resected EGFR-Mutated NSCLC

M. Tsuboi and Others

## NEJM CareerCenter

### PHYSICIAN JOBS

NOVEMBER 23, 2023

Obstetrics & Gynecology

Flemington, New Jersey

OB/GYN Hospitalist in Flemington, NJ - Sign-On Bonus

Available, No On-Call, Work-Life Balance!



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*Debate: This House Believes That Overall Survival is the Only Endpoint for Drug Approval  
Stockholm, 27 September 2011*

# Overall survival is **NOT** the only endpoint for drug approval

Massimo Di Maio, MD

Medical oncologist

Clinical Trials Unit



National Cancer Institute, Napoli, Italy

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A primary rationale for using PFS as an endpoint in cancer trials is that it could be considered as a **clinical benefit endpoint in itself**, provided that:

- **treatment effect is sufficiently large**
- **not only instrumental but clinical benefit**



## VIEWPOINT

## Biased Evaluation in Cancer Drug Trials—How Use of Progression-Free Survival as the Primary End Point Can Mislead

Ian F. Tannock, MD,  
PhD  
Division of Medical  
Oncology, Princess  
Margaret Cancer  
Centre, University of  
Toronto, Toronto,  
Ontario, Canada.

Gregory R. Pond, PhD  
Department of  
Oncology, McMaster  
University, Hamilton,  
Ontario, Canada.

Christopher M. Booth,  
MD  
Division of Cancer Care  
and Epidemiology,  
Departments of  
Oncology and Public  
Health Sciences,  
Queen's University,  
Kingston, Ontario,  
Canada.

The goal of any cancer treatment is to improve the duration and/or quality of patient survival. In recent years, only approximately 50% of the anticancer drugs approved by the Food and Drug Administration (FDA) and the European Medicines Agency (EMA) have been shown to improve overall survival (OS) and/or a validated measure of quality of life (QoL). Most contemporary randomized clinical trials evaluating anticancer drugs use progression-free survival (PFS) as the primary end point.<sup>1</sup> Both the FDA and EMA accept a significant improvement in PFS for the registration of drugs for most types of cancer, although PFS is rarely a surrogate for OS. Designating PFS instead of OS as the primary end point may provide results more quickly: tumors progress before patients die, so "events" occur earlier, but the reduction in study time is usually modest.<sup>2</sup> For many new drugs that have been shown to improve PFS, subsequent analysis has demonstrated no improvement in OS or QoL, but these drugs are rarely withdrawn from the market.

Important questions for clinicians interpreting trials with PFS as the primary end point include: (1) Can improvement in PFS itself indicate benefit? and (2) Are

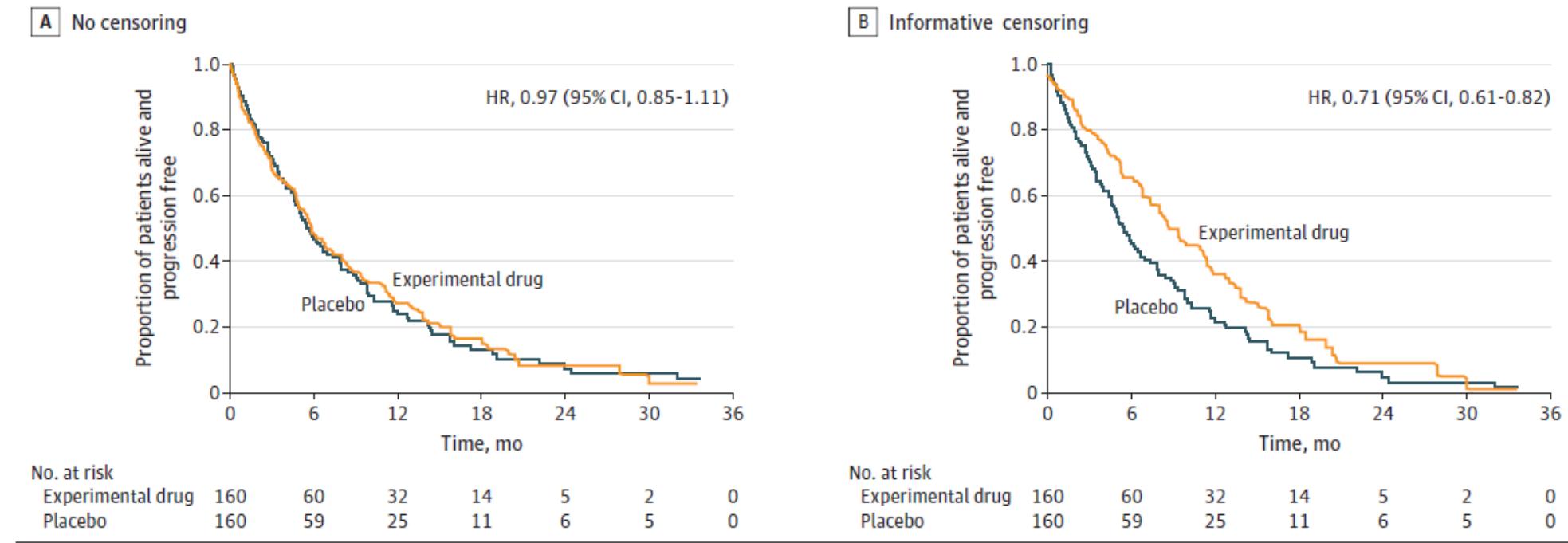
gression-free disease to those at risk becomes a biased estimator, and the intention-to-treat principle is lost. The Figure illustrates how informative censoring can produce an artifactual difference between Kaplan-Meier PFS curves favoring the experimental group. In the Figure, A, the PFS curves are generated for a hypothetical clinical trial comparing the addition of an ineffective but nontoxic drug, or placebo, to standard therapy. Informative censoring did not occur in this hypothetical trial, and the PFS curves for the 2 groups are similar. In the Figure, B, the ineffective drug is hypothetically modeled to include toxicity such that 34 of 160 patients (21%) in the experimental group were censored before documenting progression. In this illustrative example, the censoring leads to a separation of the curves, with an apparent hazard ratio (HR) of 0.71 (95% CI, 0.61-0.82) in favor of the experimental treatment. Failure to account for informative censoring leads to bias and could even lead to the registration of an ineffective but toxic drug.

That uneven dropout rates can influence whether differences in PFS predict improvement in OS is illustrated by trials for women with estrogen receptor-positive advanced breast cancer. The BOLEIRO-2/Breast

Tannock IF, Pond GR, Booth CM. Biased Evaluation in Cancer Drug Trials—How Use of Progression-Free Survival as the Primary End Point Can Mislead. *JAMA Oncol*. Published online March 10, 2022. doi:10.1001/jamaoncol.2021.8206



Figure. Kaplan-Meier Progression-Free Survival Plots for a Hypothetical Randomized Clinical Trial Comparing an Experimental Drug and a Placebo Added to Standard Treatment



A, The experimental drug is ineffective but nontoxic, and there is no censoring with 115 of 160 and 118 of 160 progression events in the experimental and control groups, respectively. The hazard ratio (HR) is 0.97 (95% CI, 0.85-1.11), indicating (appropriately) no benefit. B, The experimental drug is ineffective but toxic, so informative censoring occurs. In the experimental group, 34 patients (21% of total) withdraw from the trial before tumor progression is documented

(censoring was modeled to occur within 6 months of randomization and 2 to 3 weeks before progression). With this change, progression events are recorded for only 81 patients in the experimental group but for 118 patients in the control group. The apparent median progression-free survival increases from 5.8 to 9.3 months for the experimental group, and the apparent HR is 0.71 (95% CI, 0.61-0.82).

Tannock IF, Pond GR, Booth CM. Biased Evaluation in Cancer Drug Trials—How Use of Progression-Free Survival as the Primary End Point Can Mislead. *JAMA Oncol.* Published online March 10, 2022. doi:10.1001/jamaoncol.2021.8206



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# Underrating and underreporting of QoL and PROs in oncology

**2012-2016**

- 446 phase III trials
- 47.1% QoL not included among endpoints
- 38.1% QoL results collected but not presented in primary publications

Marandino et al, Ann Oncol 2018



# Underrating and underreporting of QoL and PROs in oncology

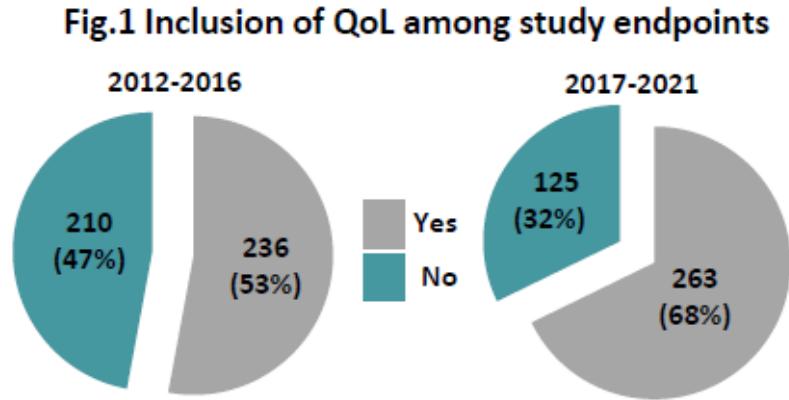
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Marandino et al, Ann Oncol 2018

**2017-2021**

388 phase III trials



Marandino et al, BMJ Oncology 2023;2:e000021



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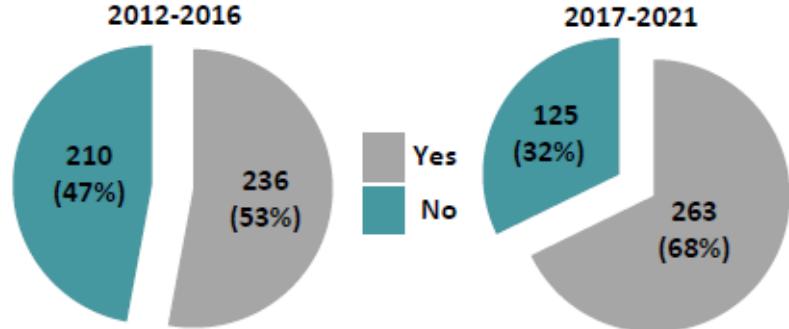
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Marandino et al, Ann Oncol 2018

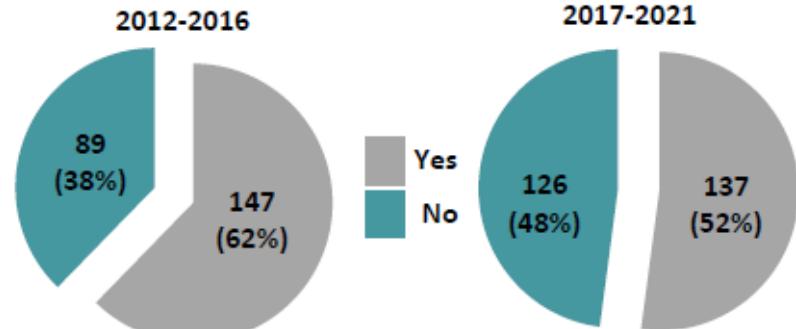
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**Fig.1 Inclusion of QoL among study endpoints**



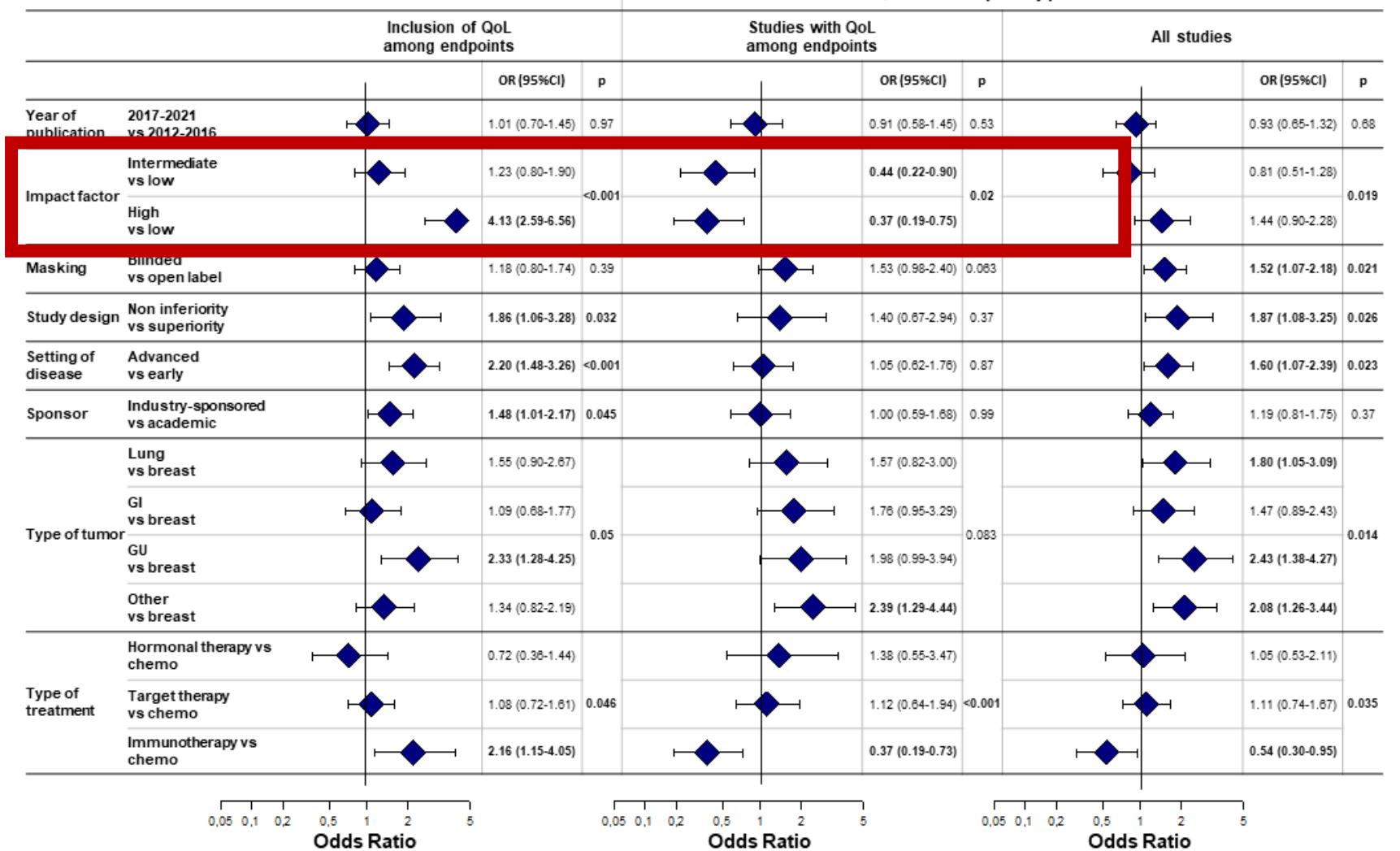
**Fig.2 QoL results in primary study publication**



Marandino et al, BMJ Oncology 2023;2:e000021

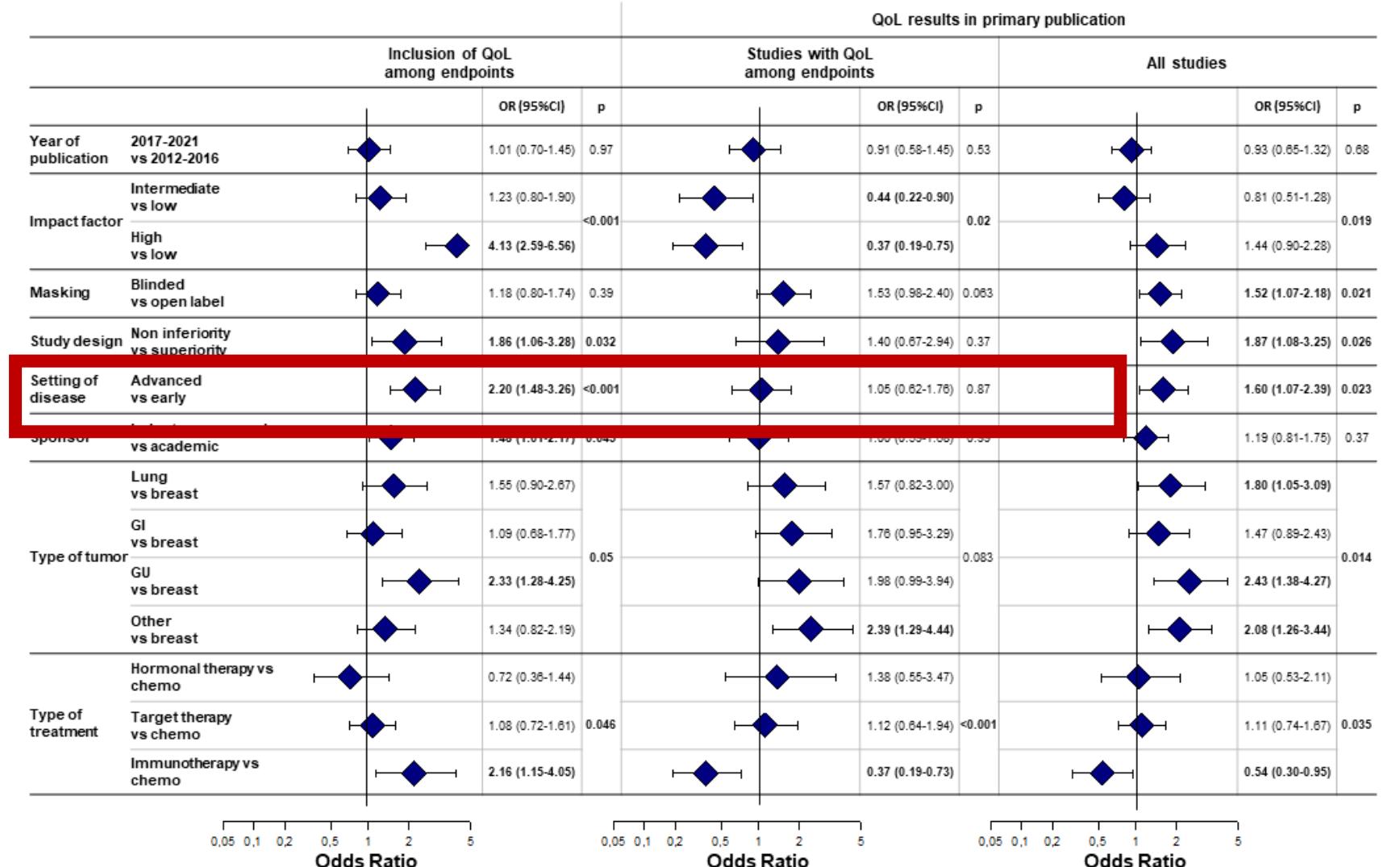


QoL results in primary publication



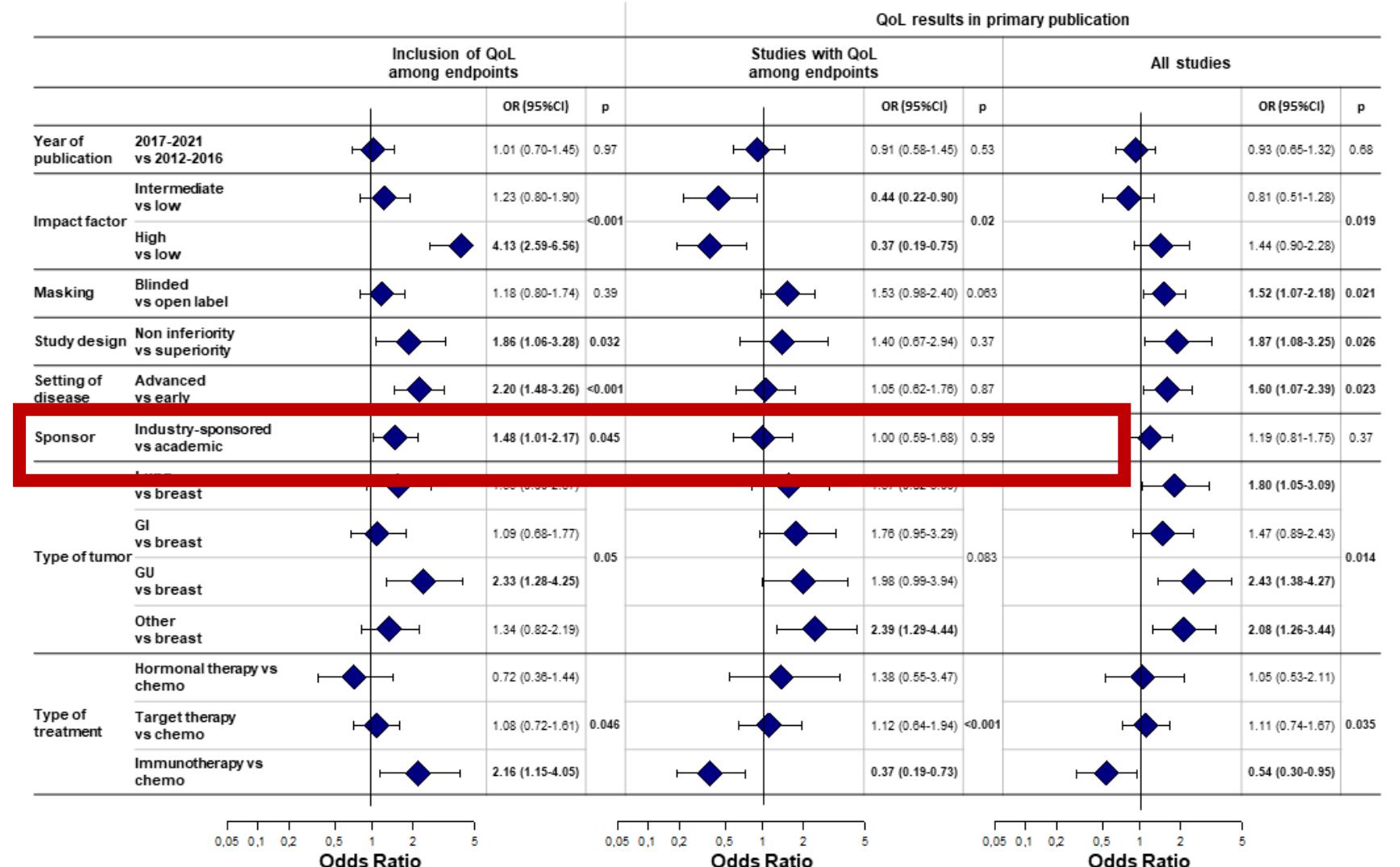
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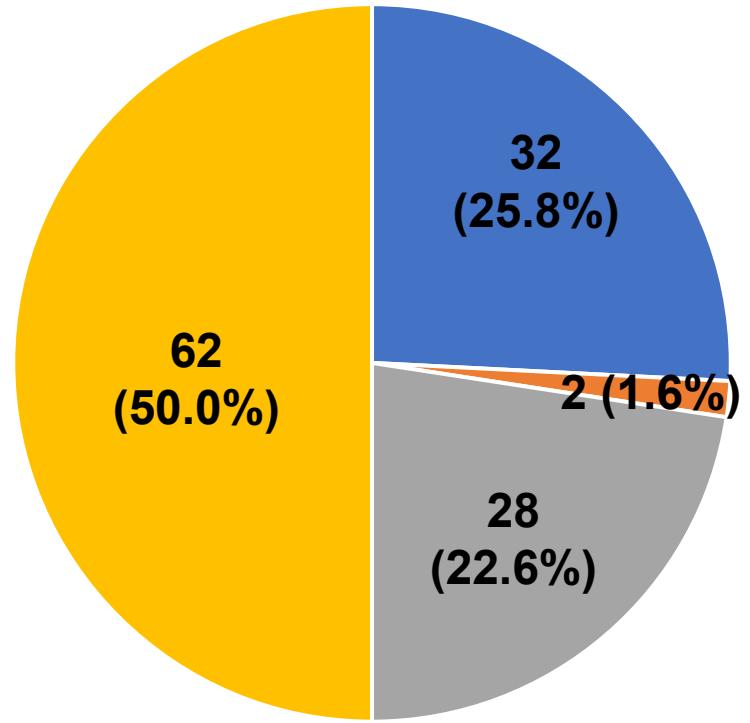


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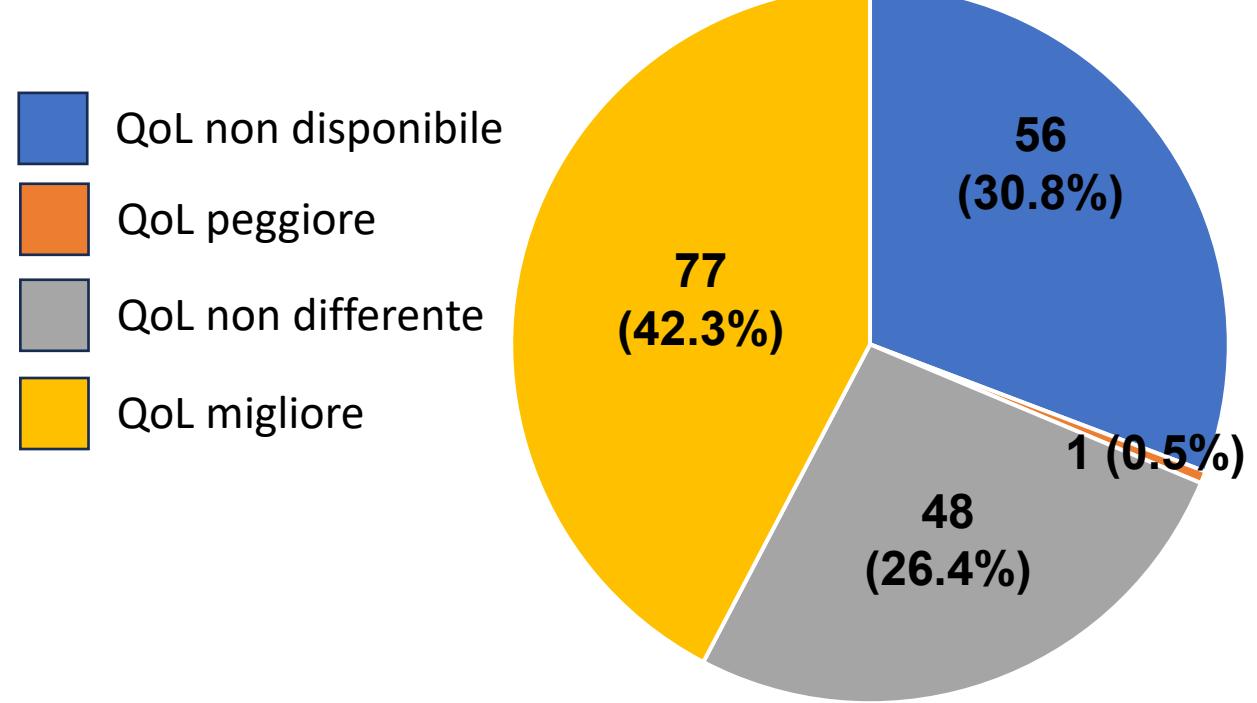


# Associazione tra endpoint: OS, PFS, QoL

**Studi positivi  
con endpoint primario OS**



**Studi positivi  
con endpoint primario PFS**





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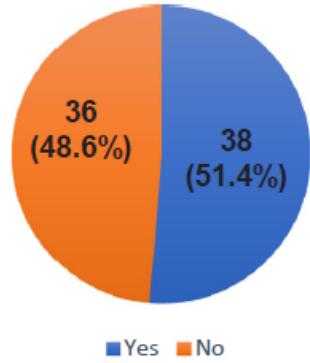
## Original Research

## Systematic review of adoption, reporting and impact of health-related quality of life in phase III non-inferiority trials of systemic oncology treatments

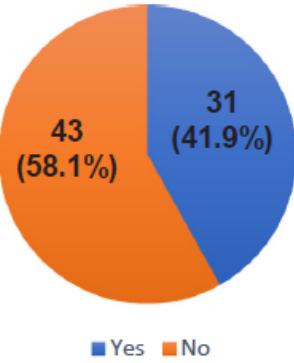
Sara Notarnicola <sup>a,1</sup>, Lucrezia Zumstein <sup>a,1</sup>, Jessica Paparo <sup>a,1</sup>, Laura Marandino <sup>b,2</sup>, Francesco Perrone <sup>c</sup>, Massimo Di Maio <sup>a,\*,3,4</sup><sup>a</sup> Department of Oncology, University of Turin, Ordine Mauriziano Hospital, Turin, Italy<sup>b</sup> Department of Medical Oncology, IRCCS Ospedale San Raffaele, Milan, Italy<sup>c</sup> Clinical Trial Unit, Istituto Nazionale Tumori IRCCS Fondazione Pascale, Napoli, Italy

## Trials demonstrating non-inferiority of the experimental arm (n=74)

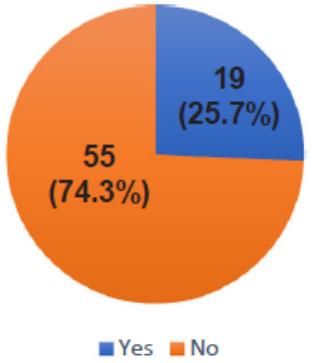
A. QoL included among endpoints



B. QoL results available in primary publication

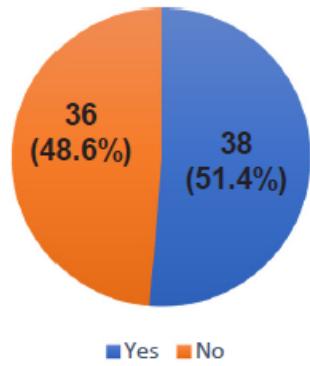


C. QoL results supporting experimental treatment

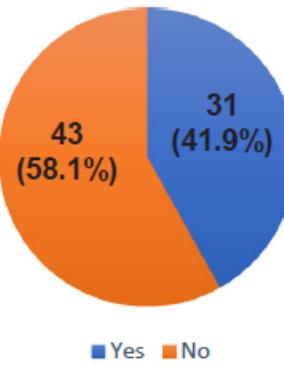


**Trials demonstrating non-inferiority of the experimental arm (n=74)**

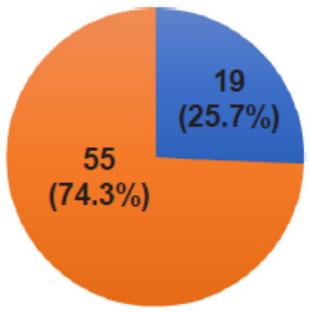
**A. QoL included among endpoints**



**B. QoL results available in primary publication**

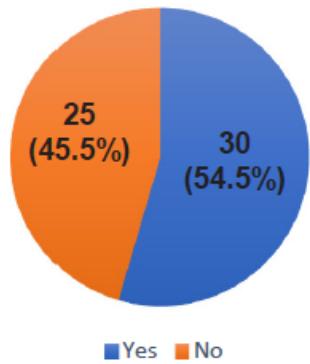


**C. QoL results supporting experimental treatment**

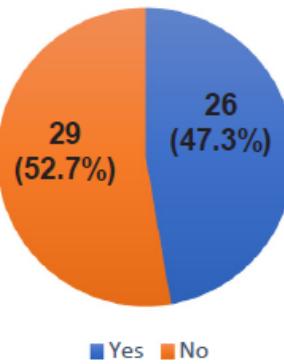


**Trials testing the non-inferiority of different drugs, demonstrating non-inferiority of the experimental arm (n=55)**

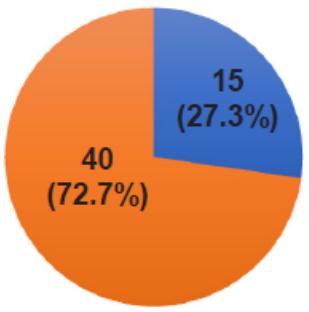
**D. QoL included among endpoints**



**E. QoL results available in primary publication**



**F. QoL results supporting experimental treatment**



# Validity of results

External validity

Are the results applicable to the real world?

Internal validity

Is the research conducted  
correctly?



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# FDA analysis of Investigational New Drug Applications in 2015



- ~290 commercial IND submissions from 2015
  - 4% included pediatric patients
  - 60% required ECOG Performance status of 0-1
  - 77% excluded known, active or symptomatic CNS or brain metastases (47% allowed treated or stable brain metastases)
  - 84% excluded patients with known or active HIV (with only 2% allowing patients to enroll with adequate CD4 counts)
  - 74% excluded patients with history (or current) cardiovascular disease or risk (including angina pectoris, uncontrolled HTN, MI, CHF, arrhythmia)

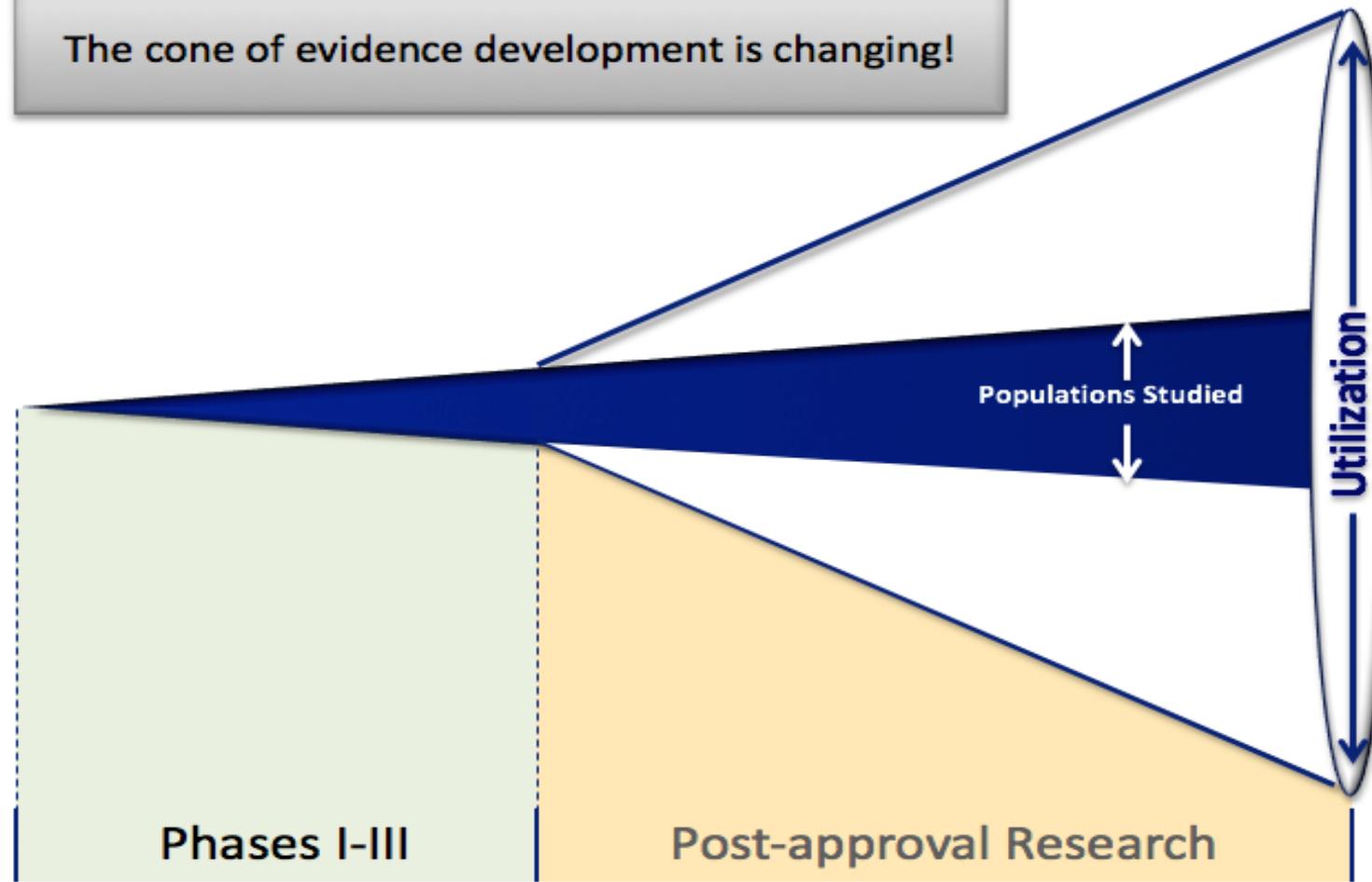
Jin et al. JCO 2017

6

<https://www.fda.gov/media/110332/download>



The cone of evidence development is changing!



Variances in populations utilizing technology versus the populations studied

- Differing age groups (elderly, pediatrics)
- Race, ethnicity & gender variances
- Unstudied co-morbid conditions
- Differing concomitant drugs (including OTC)
- Lifestyle variances including smoking, dietary habits
- Differences in disease severity
- Varying levels of compliance

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L'IMPORTANZA DELLA RICERCA IN ONCOLOGIA

04-05 Aprile  
2024 Padova



## Real-World Evidence in Oncology: Opportunities and Limitations

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*Disclosures of potential conflicts of interest may be found at the end of this article.*

**Key Words.** Real-world evidence • Clinical trials • Cancer treatments

Traditionally, randomized controlled clinical trials (RCTs) have been considered the highest level of evidence to define the efficacy of treatments, before their adoption in clinical practice. However, in oncology, like in other fields of medicine, the analysis of real-world evidence (RWE) to answer clinical and

and treat in daily clinical practice [4, 5]. This is due to stringent eligibility criteria, such as good performance status and absence of clinically relevant concomitant diseases. For instance, the analysis of the Investigational New Drugs applications submitted in 2015 to the U.S. Food and Drug Administration, for



# ESMO daily REPORTER

## An ESMO study reveals that poor quality of real-world data from oncology studies is still an issue

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ESMO Congress 2023 taking place in Madrid, Spain (20-24 October)

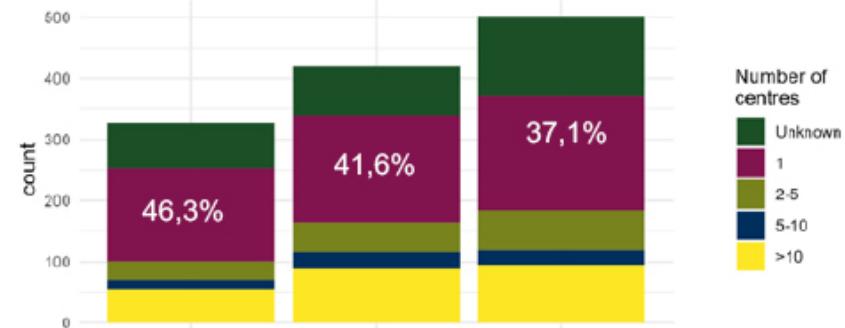
[https://dailyreporter.esmo.org/  
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Scarcity of prospective data was reported as well as a limited use of real-world evidence as definitive evidence to regulatory approval decisions of targeted therapies in Europe

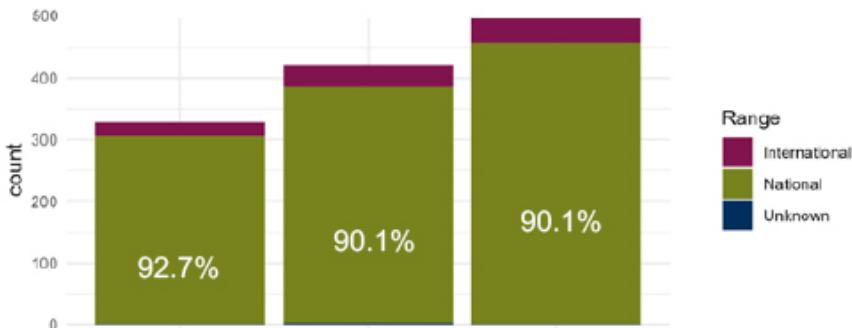


## Results: Limiting Factors

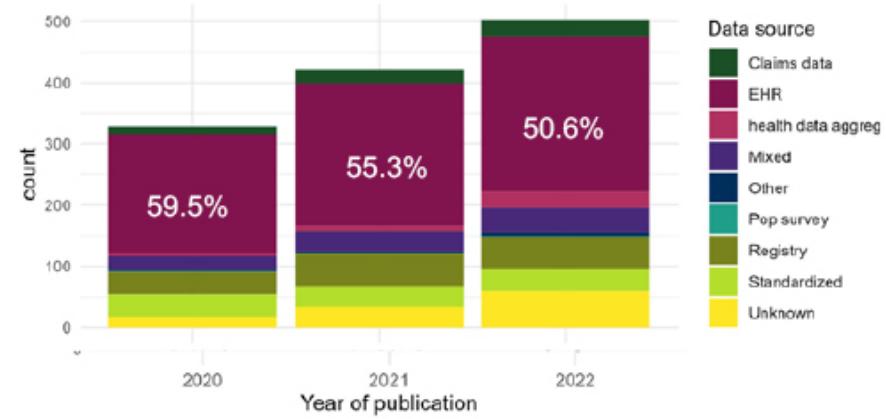
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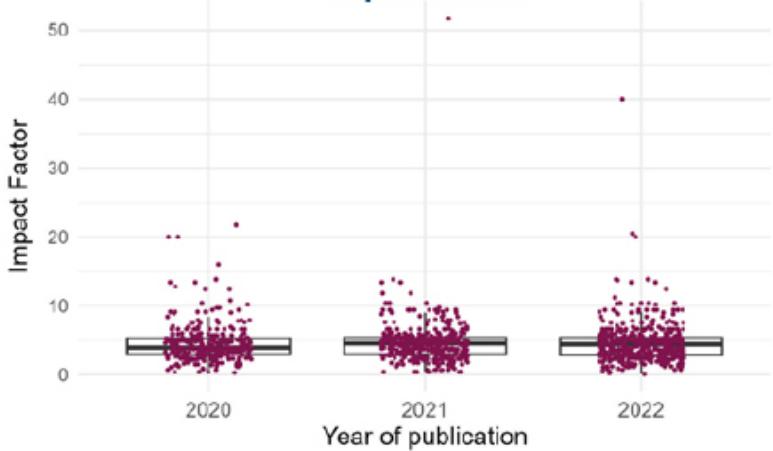
**Study Range**



**Data Source**



**Impact Factor**



**Analysis of RWE publications on oncology targeted therapies (2020–2022)  
(ESMO Congress 2023, Abstract 1689O)**





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Original Research

# Real-world outcomes associated with new cancer medicines approved by the Food and Drug Administration and European Medicines Agency: A retrospective cohort study



Jemma M. Boyle <sup>a,1</sup>, Gemma Hegarty <sup>b,1</sup>, Christopher Frampton <sup>c</sup>,  
Elizabeth Harvey-Jones <sup>d</sup>, Joanna Dodkins <sup>d</sup>, Katharina Beyer <sup>e</sup>,  
Gincy George <sup>e</sup>, Richard Sullivan <sup>d,f</sup>, Christopher Booth <sup>g,2</sup>,  
Ajay Aggarwal <sup>a,d,f,\*2</sup>

Boyle et al, European Journal of Cancer 2021; 153:136-144



Table 1

Characteristics of the RWD studies (n = 293 for 45 drug indications) identified for FDA and EMA approved indications, including RWD studies included in the survival analyses (n = 224 for 37 drug indications).

	Observational RWD Studies		Observational RWD studies included in survival analyses	
	No.	%	No.	%
<b>Country</b>				
Italy	52	17.7	44	19.6
Japan	30	10.2	22	9.8
China	28	9.6	22	9.8
USA	26	8.9	16	7.1
France	22	7.5	18	8.0
Spain	15	5.1	12	5.4
Canada	14	4.8	9	4.0
South Korea	13	4.4	12	5.4
UK	8	2.7	6	2.7
Netherlands	8	2.7	8	3.6
Poland	7	2.4	5	2.2
Multi-country	14	4.8	9	4.0
Other individual country	56	19.1	41	18.3
<b>Study Type</b>				
Prospective	50	17.1	39	17.4
Retrospective	242	82.6	184	82.1
Unknown	1	0·3	1	0·4
<b>Multicentre</b>				
Yes	180	61.4	135	60.3
No	112	38.2	88	39.3
Unknown	1	0·3	1	0·4



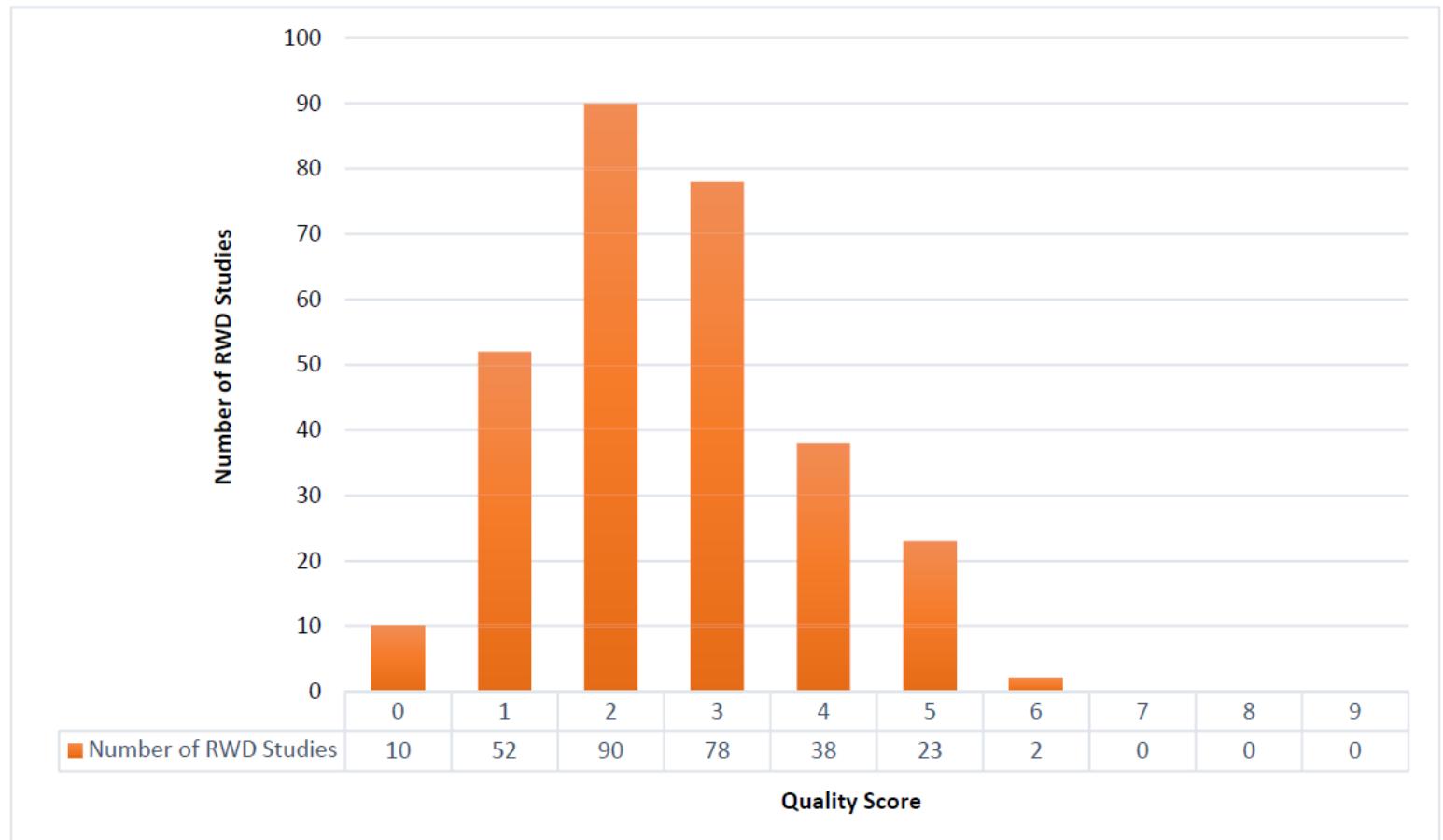
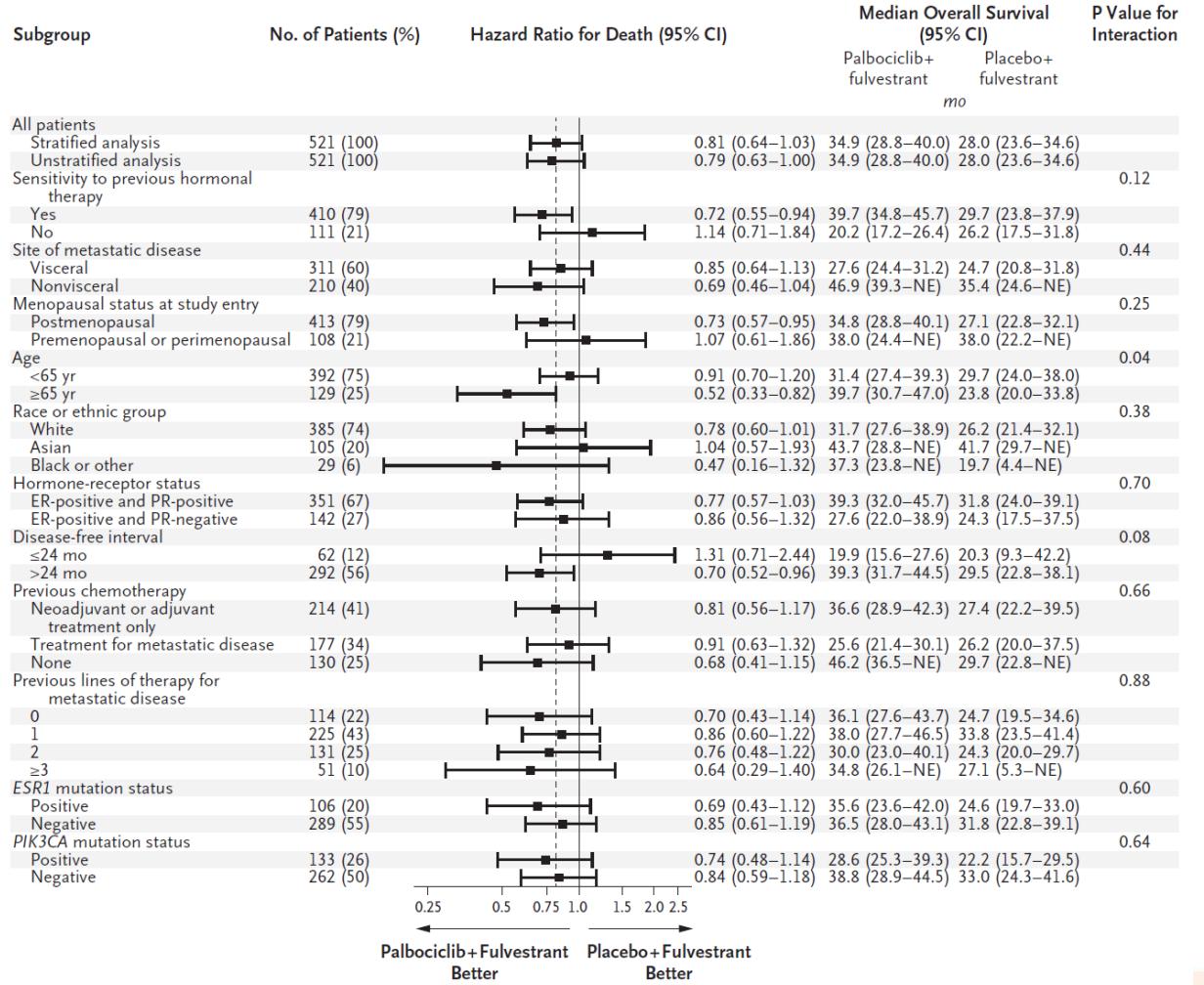


Fig. 1. Histogram of the distribution of total scores for RWD studies appraised using the Newcastle Ottawa Scale.



# Le analisi di sottogruppo: Medicina di precisione o tortura dei dati?

B Subgroup Analyses



# A che servono le analisi di sottogruppo?

- In uno studio con risultato complessivo positivo:
  - Il risultato è omogeneo in tutti i sottogruppi o ci sono alcuni pazienti che sembrano avere un beneficio minore?
- In uno studio con risultato complessivo negativo:
  - Ci sono sottogruppi che sembrano beneficiarsi del trattamento sperimentale?



# Subgroup analyses in randomized phase III trials of systemic treatments in advanced solid tumours: a systematic review of trials published between 2017 and 2020

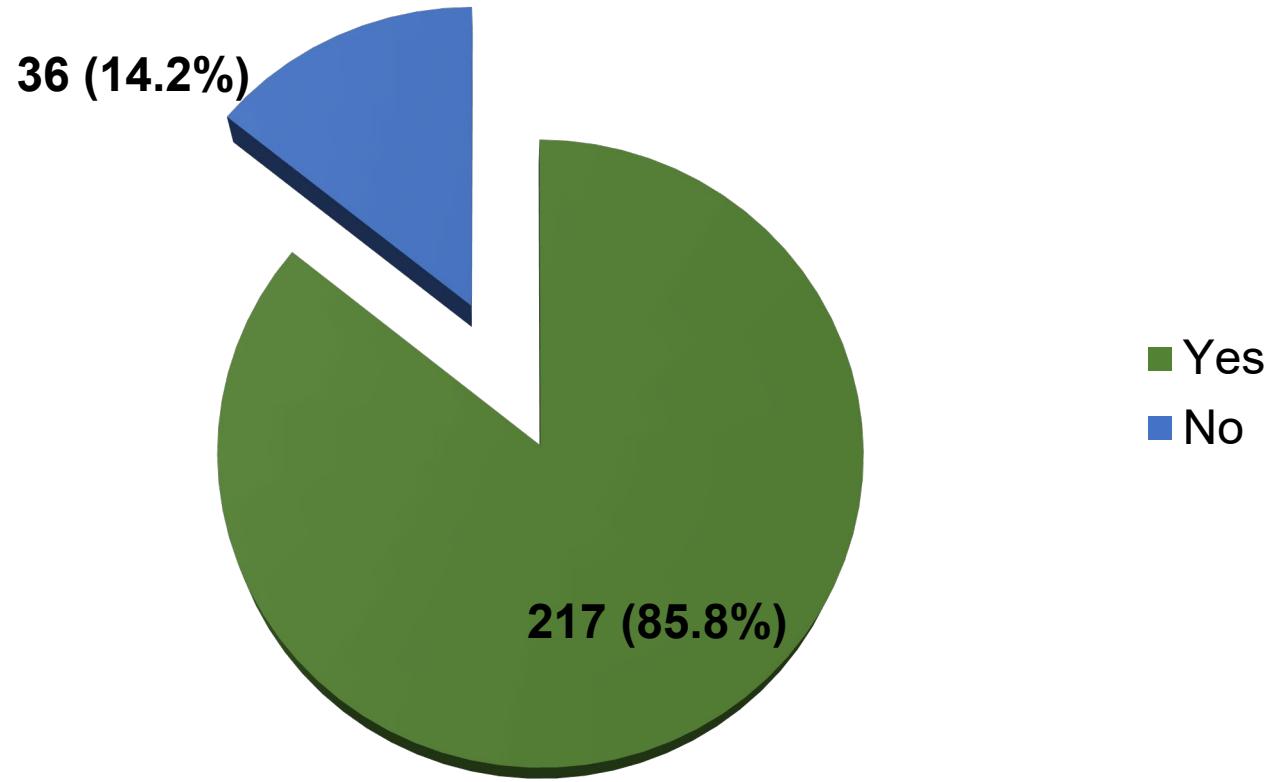
## Inclusion criteria

- Phase III trials
- First publication Jan 2017 – Dec 2020
- Adult patients with solid tumors
- Locally advanced / metastatic cancer
- Systemic treatments
- Full publication in English



**Subgroup analyses in randomized phase III trials  
of systemic treatments in advanced solid tumours:  
a systematic review of trials published between 2017 and 2020**

**Subgroup analysis (n=253 publications)**

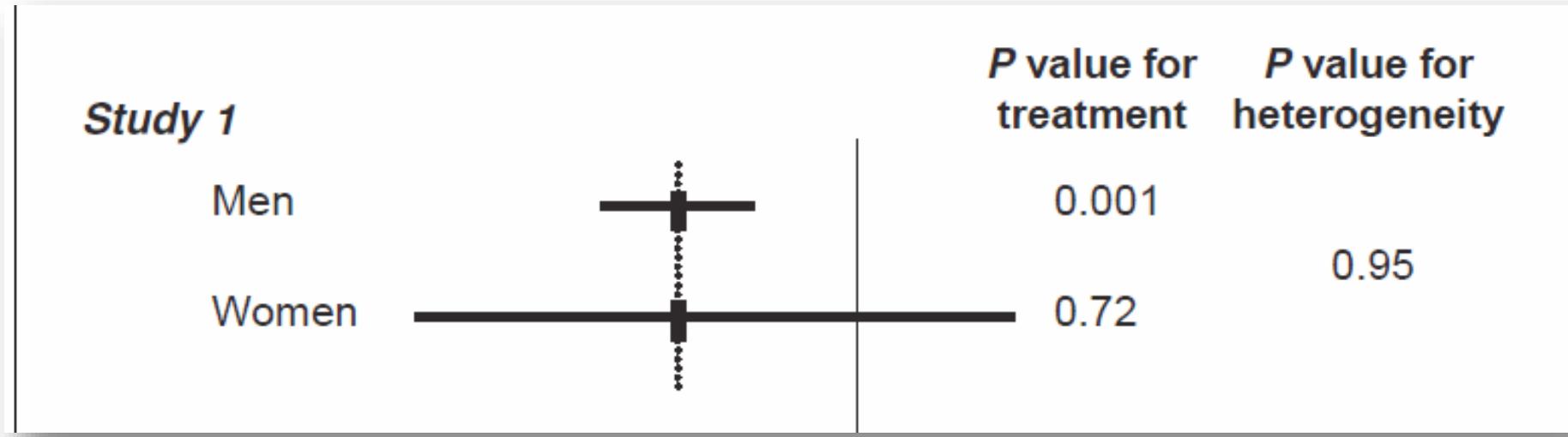


# Subgroup analyses in randomized phase III trials of systemic treatments in advanced solid tumours: a systematic review of trials published between 2017 and 2020

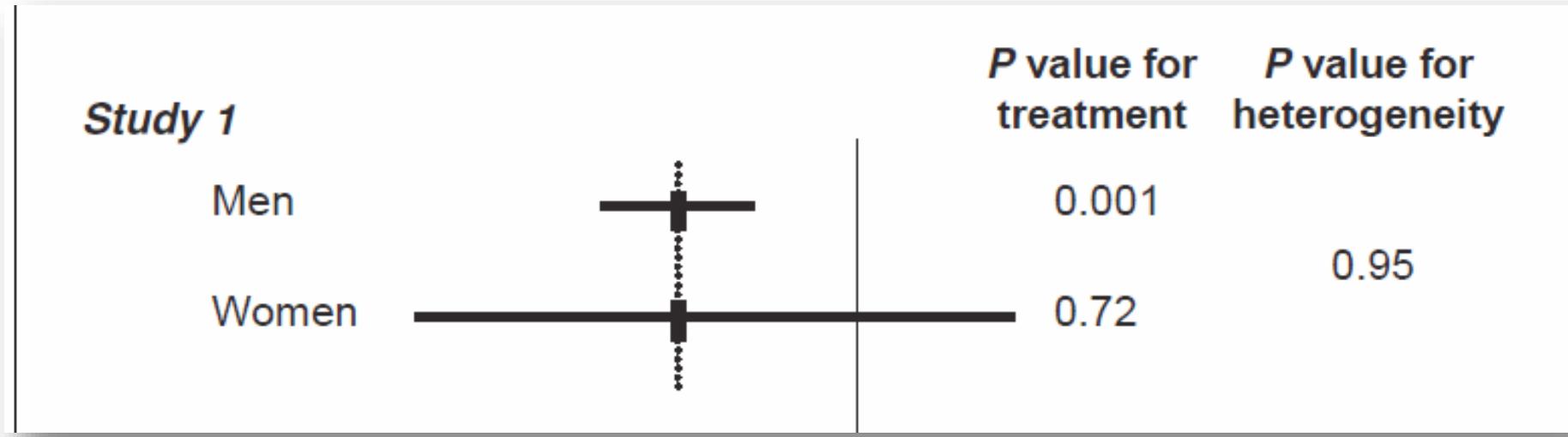
	Number of variables	Number of subgroups
<b>Forest plot of primary endpoint</b>		
Median	9	19
Range	(3 – 19)	(6 – 78)
<b>Forest plot of secondary endpoint</b>		
Median	8.5	20
Range	(1 – 19)	(2 – 43)



# Come interpretare correttamente le analisi di sottogruppo?



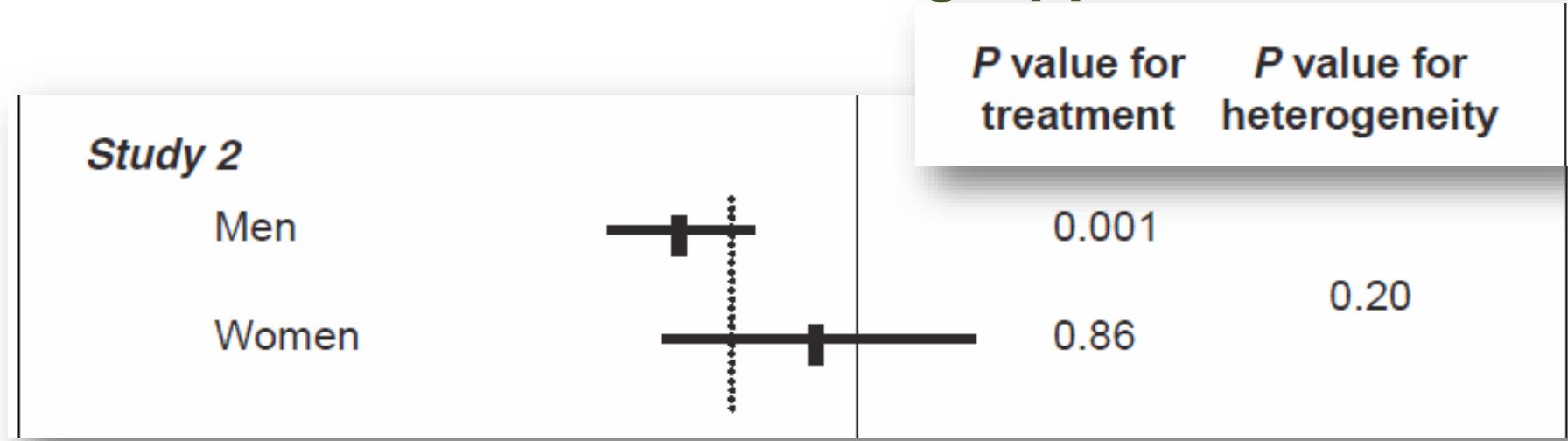
# Come interpretare correttamente le analisi di sottogruppo?



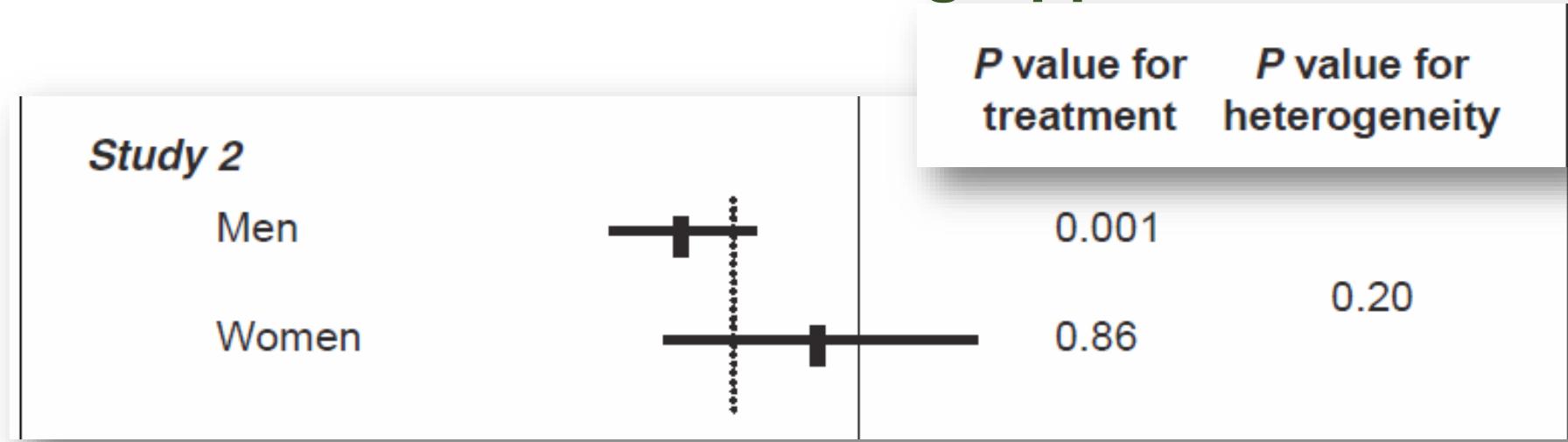
In casi come questo, **NON E' CORRETTO AFFERMARE** che il trattamento sperimentale è più efficace negli uomini ma non nelle donne!



# Come interpretare correttamente le analisi di sottogruppo?



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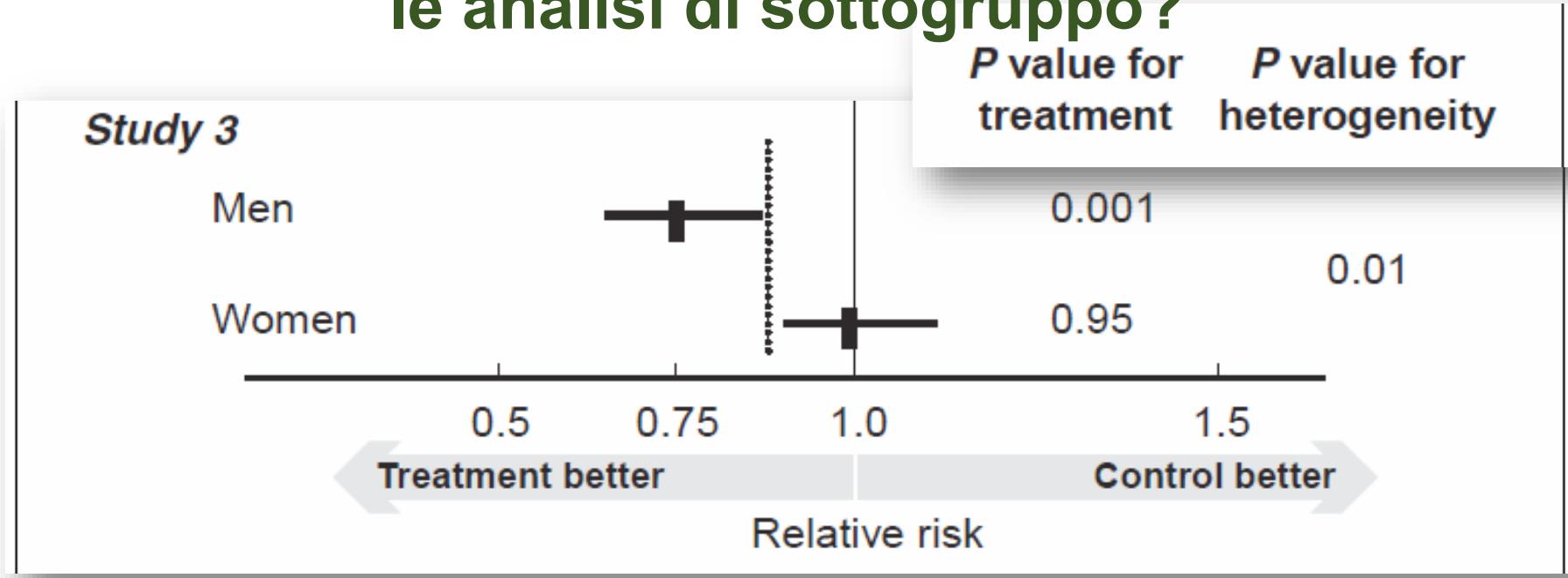


In casi come questi, è legittimo sospettare che l'effetto del trattamento possa essere diverso...

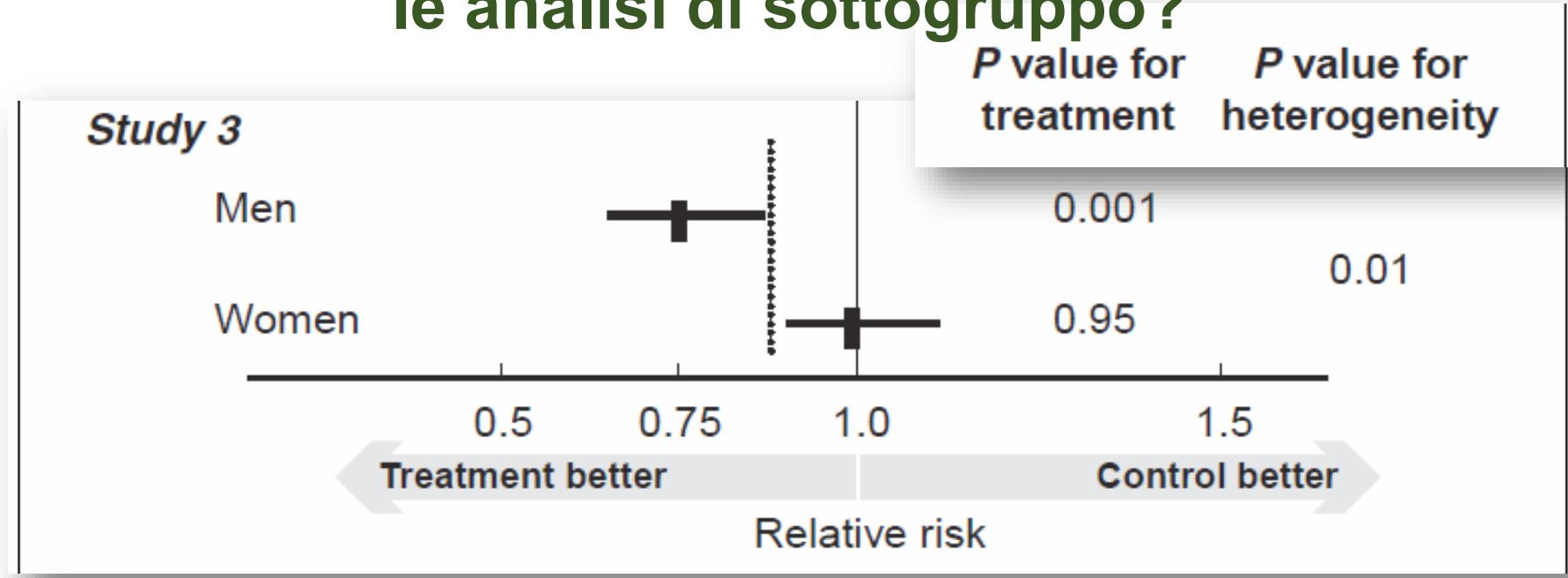
...ma sfortunatamente, non possiamo escludere che la differenza osservata sia dovuta al caso!



# Come interpretare correttamente le analisi di sottogruppo?



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In casi come questo, è legittimo discutere l'eterogeneità di efficacia tra maschi e femmine.

Il test di interazione ci dice che è improbabile che la differenza sia dovuta al caso.



# Approccio critico all'evidenza scientifica

## *Take home messages*

- Molti (tutti?) punti cruciali dell'interpretazione e dell'analisi vanno affrontati in fase di disegno di studio.
- La validità del braccio di controllo (anche in termini di trattamenti ottimali post-progressione) ha importanti implicazioni metodologiche ed etiche.
- La scelta degli endpoint dovrebbe essere orientata alla dimostrazione di beneficio clinico.
- Nell'era dell'oncologia di precisione, le analisi di sottogruppo sono legittime, ma vanno interpretate con cautela.

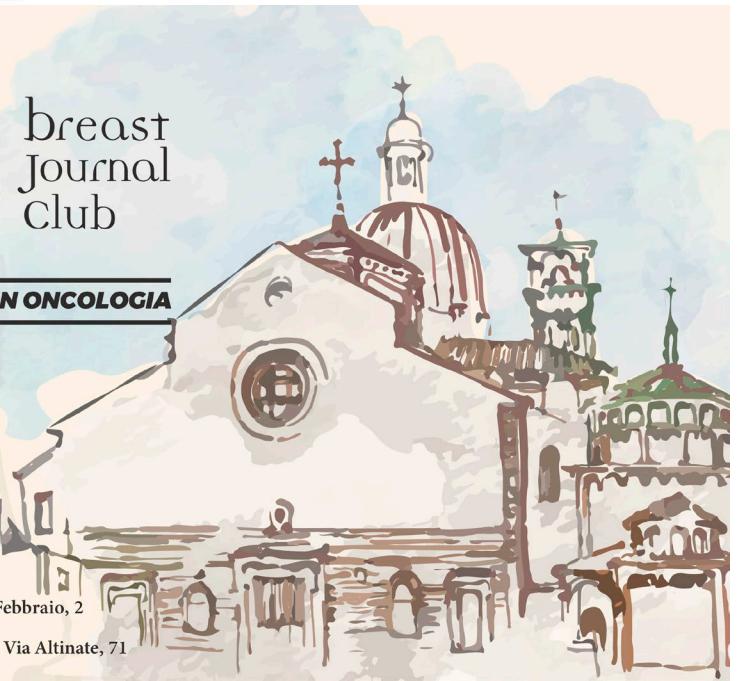




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# Approccio critico all'evidenza scientifica

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